

dispose of your unneeded medication

Help prevent pollution, poisonings and drug abuse! Dispose of your unneeded medications by following these six steps.

6 steps to safety

- 1) Pour medicine into a sealable plastic bag.
- 2) If the medicine is a solid, add a small amount of water to dissolve it.
- 3) Add any undesirable substance (such as dirt, coffee grounds or kitty litter) to the liquid medicine in the plastic bag.
- 4) Seal the bag and immediately dispose of it in the trash for regular pick-up.
- 5) Use marker to black out any personal contact information on the empty medicine container prior to disposing of it in the trash.
- 6) For more information on disposing medications contact the poison center at 1-800-222-1222.

*Don't keep unneeded medications in the home.
Please do not flush medication down the toilet unless the
product information says it is safe to do so.*

**For more information on medications
call the Northern New England Poison Control Center at
1-800-222-1222**